SKINVIVE TREATMENT INSTRUCTIONS

PRE-TREATMENT INSTRUCTIONS:

- For optimal results, and to minimize the chance of bleeding or bruising at the injection site, please avoid all blood-thinning medications and supplements for one week prior to your appointment. This includes over-the-counter medication such as aspirin, Motrin, ibuprofen, and Aleve. Also avoid vitamin E, and omega-3 capsules. If you have a cardiovascular history, please check with your doctor prior to stopping use of aspirin.
- Avoid topical products such as Tretinoin (Retin-A) retinols, retinoids, glycolic acid, alpha hydroxy acid, or any "anti-aging" products for two days before and after treatment.
- Do not drink alcoholic beverages 24 hours before or after your treatment to avoid extra bruising.

POST-TREATMENT INSTRUCTIONS:

- Avoid touching treated area & keep hair (and phone) away from the treated area for several hours.
- Avoid makeup for 12 hours after the treatment.
- Postpone dental procedures for at least 2 weeks after treatment.
- Avoid using skincare products, extensive sun or heat exposure, strenuous exercise, and alcoholic beverages for 24 hours after treatment.
- Avoid Laser & Morpheus8 treatments 6 months after treatment.