LASER TATTOO REMOVAL TREATMENT INSTRUCTIONS

Refrain from the following for 5-7 days prior to your treatment (unless noted otherwise):

PRE-TREATMENT INSTRUCTIONS

- Please discontinue any products containing active ingredients 3-5 days prior to treatment, such as: Retinol (Retin-A, Tretinoin, Vitamin A), Glycolic Acid, Salicylic Acid, AHAs (Alpha- hydroxy acids), LHAs (Lipohydroxy acids) and Benzoyl Peroxide. Avoid hydroquinone for 3 days before your treatment.
- Make us aware of any prescription medications you are on that can cause skin sensitivity to light or other things (No Accutane within the past 6 months)
- Avoid IPL/Laser procedures, unprotected sun exposure or sunburn for 2 weeks prior
- Do not wax, tweeze, thread or use depilatory creams prior to your appointment. No shaving the day of the procedure to avoid skin irritation. If there is dense hair present in the treatment area, closely shave the area the day before you arrive to your appointment
- If you are prone to cold sores, take antiviral agent 2 days prior to and day of treatment
- No Botox, Dysport, or dermal filler for 1-2 weeks prior
- Remove all makeup, creams, and oils prior to treatment. If you have anything on the treatment area, you will be asked to wash the area in the office.

POST-TREATMENT INSTRUCTIONS

- Cleanse the treated area at least daily with water and a mild cleanser
- After cleansing and while the skin is still moist, apply a thin layer of Aquaphor ointment to the treated tattoo
- Apply a non-stick pad over the tattoo until it is healed – if desired
- Avoid sun tanning and prolonged exposure to direct sunlight for 2 weeks. After 24 hours, always use a full spectrum sun screen SPF 30 or above. When exposed to sun, apply sunscreen every 2 hours
- Do NOT rub or scratch the treated area
- If crusting/scabbing occurs, do not shave or pick area. Apply Aquaphor to the area
- Discomfort may be relieved by cold gel packs and/or an over the counter pain reliever, such as acetaminophen
- If blistering occurs keep area clean & apply Aquaphor or Vaseline regularly.
- Avoid contact sports or any other activity that could cause injury to the treated area
- Avoid swimming, soaking or using hot tubs/whirlpools until the skin heals
- Redness or sensitivity can occur. Contact our office if you have any questions or concerns.
- For best results, we recommend follow up and repeat treatment in 8-10 weeks.
- Be patient - You will not begin to see results for about 8 weeks post treatment