EMSCULPT NEO TREATMENT INSTRUCTIONS

PRE-TREATMENT INSTRUCTIONS:

- Wear comfortable clothing on the day of treatment so that treatment areas can be easily accessed and properly positioned.
- Remove all jewelry, metallic accessories, and electronic devices prior to treatment. Please notify your provider if you have any metal implants or pacemakers.
- Stay well-hydrated in the days leading up to your appointment - this helps maximize your results.
- Avoid applying any lotions, perfumes, moisturizers, or oils on the treatment area.
- Your provider will also cleanse the area with alcohol wipes to remove any remaining moisture or residue.
- If you are pregnant or nursing, please notify your provider.
- If you have had surgery in the treatment area (including a C-Section) in the last year please notify your provider prior to treatment.

POST-TREATMENT INSTRUCTIONS:

- You may resume normal daily activities immediately following treatment.
- It is common to experience mild soreness or tenderness in the treated area(s) for a few days - this is completely normal and typically subsides on its own.
- Continue a healthy fitness routine, balanced diet, and consistent lifestyle habits to optimize and maintain your results.
- Stay hydrated post-treatment to support your body's recovery and enhance results.